

State Health Insurance Counseling

What can we do for you?



If you are enrolled in or are eligible for Medicare, counselors can help you with:

- **Paperwork and statements**—understand paperwork and statements that you receive after a doctor visit, hospital stay or other experience.
- **Bills**—sort out and reconcile statements, hospital or clinic bills and help you figure out what has been paid and what you need to pay.
- **Claims filing and appeals**—claims filing or appeals if payment has been denied.
- **Options for coverage**—considering the choice between Original Medicare or purchasing from a private company, along with the optional inclusion of a Part C plan, Part D plan, and/or Supplement.
- **Options for the future**—review and understand long-term care insurance and offer you tools to help make the right choice for you.



North Dakota
INSURANCE
DEPARTMENT

PROTECTING THE PUBLIC GOOD
STATE HEALTH INSURANCE COUNSELING

Make the Most of Your Medicare

If you are eligible for Medicare or have family members or friends who are, you should know about the North Dakota State Health Insurance Counseling (SHIC) program.

SHIC offers free and unbiased counseling related to Medicare health insurance. Trained counselors who work through local sponsoring organizations can help answer your questions. SHIC counselors have no connection to any insurance company or product.

SHIC counselors are trained in all aspects of Medicare insurance issues, including Original Medicare, Medicare Part D, Medicare Advantage plans and long-term care insurance.

Volunteers

We are always looking for individuals who are interested in helping people in their communities. If you are interested in becoming a volunteer counselor for this program, please call us at **(888) 575-6611**.



(888) 575-6611

TTY Line (hearing disabled): (800) 366-6888

ndshic@nd.gov

Physical Address:

North Dakota
Insurance Department -
Consumer Assistance Center
1640 Burnt Boat Dr.
Bismarck, ND 58503

Mailing Address:

North Dakota
Insurance Department
600 E Boulevard Ave.
Bismarck, ND 58505-0320

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